

SHE'S AN ACE FAQs



Future Coaches – FAQ

Q: What is this initiative about?

A: She's an ACE stands for Accelerate Coaching Equity for Women and Girls in Tennis. We're launching a local project to increase the number of **certified female tennis coaches** in Ottawa by offering the **OTA Level 1 Coach certification** (including First Aid) locally this fall.

Q: Who can apply?

A: Women and girls aged 16+ with a passion for tennis and an interest in coaching. No previous coaching experience is required!

Q: What does the training include?

A: The program covers **Safe Sport training, one year of insurance, First Aid/CPR certification, Level 1 Tennis Instructor certification, Canadian women & sport workshop, graduation celebration and community engagement event.** Everything you need to confidently start coaching!

Q: Is there a cost?

A: The costs are subsidized through club and community support and Tennis Canada's *Game. Set. Equity.* community tennis grant. We're working to remove financial barriers so you can focus on learning and leading.

Q: Where and when does the training take place?

A: All Courses will be held in Ottawa at accessible club or community locations. Dates and times will be shared once confirmed. Level 1 Instructor Training will take place over two weekends, August 16-17 and September 27-28 (weather dependent).

Q: Do I need to be a competitive player?

A: To participate in OTA Level 1 Instructor Certification players must exhibit a play level of at least 3.0.

Visit sportottawa.ca to apply. Applications due August 1st 2025.